



West Hawk Lake Yacht Club 2018 Sailing Program

July 20 – 22 **Sail Manitoba Development Camp & Rising Star Regatta (Open to all ages and boat classes)**

2 full days of advanced sail training with provincial team coaches on West Hawk Lake followed by 1 full day of racing in the Rising Star Regatta. **This is an amazing experience for any sailor!** **Cost \$75**

July 23 – 27 **Learn to Sail (Juniors age 7 – 15) – CANSail Levels 1 – 2**

A repeat of our highly successful youth Learn to Sail program!

A week of training for those 15 & under who've never sailed or have sailed a little and want to learn more.

- Morning sessions – younger/new sailors, sailboats provided
- Afternoon sessions – older/experienced sailors, sailboats provided

These 2 classes fill up quickly so make sure to register early!

Cost \$160

July 23 – 27 **Learn to Sail (Adults age 16+) – CANSail Levels 1 – 3**

A week of training for those 16 and older who've never sailed or have sailed a little and want to learn more.

- Afternoon sessions only, sailboats provided

Cost \$175

July 23 – 27 **Intermediate Sail Training (Juniors age 9 – 16) – CANSail Levels 2 – 3**

A week of more advanced sailing for those who have previously taken our Learn to Sail lessons.

- Morning sessions only, sailboats provided

Cost \$175

July 23 – 27 **Advanced Sail Training (Juniors or Adults 12+) – CANSail Levels 3 – 4**

A week of more advanced sailing for those who have previously taken our Intermediate Training and have "demonstrated ability".

- Advanced and extensive all-day course, sailboats provided

Cost \$195

July 26 – 29 **BOOT Camp (Juniors age 9 – 15) – Royal Lake of the Woods Yacht Club (Basic Optimist Olympic Sailing Camp)**

2 Full days of advanced Optimist training with provincial team coaches followed by 2 full days of racing including the Manitoba Provincial Optimist Championships (10 & under, 13 & under, and 15 & under).

Sailors are billeted by sailing families at RLWYC if needed. All meals are included, and fun activities are planned for each evening. **This is an amazing experience for any young sailor!**

- Extensive all-day course, sailboats provided by WHLYC

Cost \$195

Saturday, August 4 & 18 – West Hawk Lake Yacht Club Annual Race Series

Fun races at different locations across the lake, open to all dinghy classes & sailors – beginner & veteran.

Registration starts at 11 am, racing starts at 1 pm. Please call/email for more information.

August 1 – Main Beach, August 18 – Big Island Landing

**For those that need help getting their sailboat ready for
the summer season, please contact us!**

For more information, please contact:

Tom Saunders (204-349-3100, lake)

Paul Krestanowich (204-774-0967, home or 204-349-2072, lake)

Email us at info@whlyc.ca

Check out our online registration & club website at

www.whlyc.ca