



West Hawk Lake Yacht Club 2017 Sailing Program

July 24-28

Learn to Sail (Juniors age 7-15) – CANSail Levels 1-2

A repeat of our highly successful youth Learn to Sail program!

A week of training for those 15 & under who've never sailed or have sailed a little and want to learn more.

* Morning sessions – younger/new sailors, sailboats provided

Cost \$155

* Afternoon sessions – older/experienced sailors, sailboats provided

These 2 LTS classes fill up quickly so please register early!

July 24-28

Learn to Sail (Adults age 16+) – CANSail Levels 1-3

A week of training for those 16 and older who've never sailed or have sailed a little and want to learn more.

* Afternoon sessions only, sailboats provided

Cost \$165

July 24-28

Intermediate Sail Training (Juniors age 9-16)

CANSail Levels 2-3

A week of more advanced sailing for those who have taken our LTS previously.

* Intermediate ½ day morning class only, sailboats provided

Cost \$165

July 24-28

Advanced Sail Training (Juniors age 9-16)

CANSail Levels 3-4

A week of more advanced sailing for those who have taken our Intermediate Training have “demonstrated ability”.

* Advanced extensive all day course, sailboats provided

Cost \$195

Aug 10-13

**BOOT Camp (Basic Optimist Olympic Sailing Camp)
(Juniors age 9-15) Falcon Yacht Club**

3 full days of advanced Optimist training with provincial team coaches followed by 1 full day of racing including the Manitoba Provincial Optimist Championships (10 & under, 13 & under, and 15 & under).

Sailors are billeted by sailing families at Falcon Lake if needed, all meals are included, evening activities are planned for each night and are a ton of fun! **This is an amazing experience for any young sailor!**

* This is an extensive all day course, sailboats provided by WHLYC.

Cost \$195

Aug 10-13

Learn to Wind Surf (age 8 +)

4 days of training for those 10 & over who have never windsurfed or have windsurfed a little and want to learn more.

Only 9 spots available!

* 90 minute daily morning or afternoon sessions – new extremely light weight windsurfers provided **Cost \$105**

Saturday July 22, August 5 & 19 - West Hawk Lake Yacht Club Annual Race Series

Fun races at different locations across the lake start at 1 pm, open to all dinghy classes & sailors - beginner & veteran on West Hawk Lake. Registration starts at 11 am, please call/email for more information.

July 22 – Big Island Landing, August 5 – Main Beach, August 19 – Penniac Bay.

For those that need help getting their sailboat ready for the summer season please contact us!

**For more information please contact: Tom Saunders (204-349-3100 lake)
or Paul Krestanowich (204-774-0967 h or 204-349-2072 lake)**

Email us at info@whlyc.ca

Check out our online registration & club website at

www.whlyc.ca